

Name \_\_\_\_\_

**Date of Surgery:** \_\_\_\_\_

**Surgery Location:** Summit Surgical Center  
Fresno Surgical Hospital  
St Agnes Hospital  
Clovis Community Hospital

**Follow Up Appointment:** \_\_\_\_\_

**The surgery facility will call you between 4-6pm the day  
before surgery to give you an arrival time.**

### **Things to Consider Before Surgery**

- Have your house ready for recovery
  - Food: Go grocery shopping before, have frozen meals prepped
  - Ice-Packs: Have cool-packs or ice bags in the freezer
  - Have a comfortable area set-up with recliner/pillows to recover
- You will need a driver to drop you off and pick you up after surgery
- Request your pain medications before surgery to have them ready at home

### **Surgery Facility Requirements**

- STOP blood thinners (Plavix, Eliquis, Aspirin, etc) 5 days before surgery
- A nurse will call you before surgery to review all medications with you
- Make sure there are no significant cuts, scrapes, wounds, animal bites, etc near your surgical site prior to surgery. If you have questions, please mention it prior to surgery.

### **Day of Surgery**

- Nothing to eat or drink after midnight
- Please shower the night before and the day of surgery
- Wear loose-fitting, comfortable clothes

### **Get In Contact**

- Please contact the office at 559-290-7052 if you need anything
- My direct line with private voicemail: 559-365-6085